



Euromonitor  
International

# Sports Nutrition in Greece

September 2024

Table of Contents

KEY DATA FINDINGS

2024 DEVELOPMENTS

Rising population of health- and fitness-conscious consumers drives growth  
Sports protein products gain traction as weight management options  
Female audience stimulates demand

PROSPECTS AND OPPORTUNITIES

Sports non-protein products to grow variety and gain exposure  
Nutrition trends to remain favourable to sports protein products  
E-commerce to shape distribution

CATEGORY DATA

- Table 1 - Sales of Sports Nutrition by Category: Value 2019-2024
- Table 2 - Sales of Sports Nutrition by Category: % Value Growth 2019-2024
- Table 3 - NBO Company Shares of Sports Nutrition: % Value 2020-2024
- Table 4 - LBN Brand Shares of Sports Nutrition: % Value 2021-2024
- Table 5 - Forecast Sales of Sports Nutrition by Category: Value 2024-2029
- Table 6 - Forecast Sales of Sports Nutrition by Category: % Value Growth 2024-2029

Consumer Health in Greece - Industry Overview

EXECUTIVE SUMMARY

Consumer health in 2024: The big picture  
2024 key trends  
Competitive landscape  
Retailing developments  
What next for consumer health?

MARKET INDICATORS

- Table 7 - Consumer Expenditure on Health Goods and Medical Services: Value 2019-2024
- Table 8 - Life Expectancy at Birth 2019-2024

MARKET DATA

- Table 9 - Sales of Consumer Health by Category: Value 2019-2024
- Table 10 - Sales of Consumer Health by Category: % Value Growth 2019-2024
- Table 11 - NBO Company Shares of Consumer Health: % Value 2020-2024
- Table 12 - LBN Brand Shares of Consumer Health: % Value 2021-2024
- Table 13 - Penetration of Private Label in Consumer Health by Category: % Value 2019-2024
- Table 14 - Distribution of Consumer Health by Format: % Value 2019-2024
- Table 15 - Distribution of Consumer Health by Format and Category: % Value 2024
- Table 16 - Forecast Sales of Consumer Health by Category: Value 2024-2029
- Table 17 - Forecast Sales of Consumer Health by Category: % Value Growth 2024-2029

APPENDIX

OTC registration and classification  
Vitamins and dietary supplements registration and classification  
Self-medication/self-care and preventive medicine  
Switches

DISCLAIMER

DEFINITIONS

## SOURCES

### Summary 1 - Research Sources

#### About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- **Strategy Briefings:** Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- **Company Profiles:** Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- **Country Reports:** For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link [www.euromonitor.com/sports-nutrition-in-greece/report](http://www.euromonitor.com/sports-nutrition-in-greece/report).