

Menstrual Care in Estonia

May 2025

Table of Contents

Menstrual Care in Estonia - Category analysis

KEY DATA FINDINGS

2024 DEVELOPMENTS

Strong demand for slim/thin/ultra-thin towels with wings as they offer comfort, protection, and discretion

Procter & Gamble leads, offering widely available and trusted brands

Convenience, competitive pricing, and frequent promotions ensure supermarkets lead

PROSPECTS AND OPPORTUNITIES

Slight decline due to demographic changes and shifting consumer habits

Slow but steady e-commerce growth

Innovation will focus on comfort, eco-friendliness, and smart technology

CATEGORY DATA

- Table 1 Retail Sales of Menstrual Care by Category: Value 2019-2024
- Table 2 Retail Sales of Menstrual Care by Category: % Value Growth 2019-2024
- Table 3 NBO Company Shares of Retail Menstrual Care: % Value 2020-2024
- Table 4 LBN Brand Shares of Retail Menstrual Care: % Value 2021-2024
- Table 5 Forecast Retail Sales of Menstrual Care by Category: Value 2024-2029
- Table 6 Forecast Retail Sales of Menstrual Care by Category: % Value Growth 2024-2029

Tissue and Hygiene in Estonia - Industry Overview

EXECUTIVE SUMMARY

Tissue and hygiene in 2024: The big picture

2024 key trends

Competitive landscape

Retail developments

What next for tissue and hygiene?

MARKET INDICATORS

- Table 7 Birth Rates 2019-2024
- Table 8 Infant Population 2019-2024
- Table 9 Female Population by Age 2019-2024
- Table 10 Total Population by Age 2019-2024
- Table 11 Households 2019-2024
- Table 12 Forecast Infant Population 2024-2029
- Table 13 Forecast Female Population by Age 2024-2029
- Table 14 Forecast Total Population by Age 2024-2029
- Table 15 Forecast Households 2024-2029

MARKET DATA

- Table 16 Retail Sales of Tissue and Hygiene by Category: Value 2019-2024
- Table 17 Retail Sales of Tissue and Hygiene by Category: % Value Growth 2019-2024
- Table 18 NBO Company Shares of Retail Tissue and Hygiene: % Value 2020-2024
- Table 19 LBN Brand Shares of Retail Tissue and Hygiene: % Value 2021-2024
- Table 20 Penetration of Private Label in Retail Tissue and Hygiene by Category: % Value 2019-2024
- Table 21 Distribution of Retail Tissue and Hygiene by Format: % Value 2019-2024
- Table 22 Distribution of Retail Tissue and Hygiene by Format and Category: % Value 2024
- Table 23 Forecast Retail Sales of Tissue and Hygiene by Category: Value 2024-2029
- Table 24 Forecast Retail Sales of Tissue and Hygiene by Category: % Value Growth 2024-2029

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