

Sleep Aids in Germany

November 2024

Table of Contents

Sleep Aids in Germany - Category analysis

KEY DATA FINDINGS

2024 DEVELOPMENTS

Rising demand for sleep aids as Germans struggle with stressful lifestyles Competitive landscape remains fairly consolidated but new players see potential Sleep aids often substituted with magnesium supplements

PROSPECTS AND OPPORTUNITIES

Younger consumers a potential source of growth Innovative and more potent formulations to see greater demand

CATEGORY DATA

Table 1 - Sales of Sleep Aids: Value 2019-2024Table 2 - Sales of Sleep Aids: % Value Growth 2019-2024Table 3 - NBO Company Shares of Sleep Aids: % Value 2020-2024Table 4 - LBN Brand Shares of Sleep Aids: % Value 2021-2024Table 5 - Forecast Sales of Sleep Aids: Value 2024-2029Table 6 - Forecast Sales of Sleep Aids: % Value Growth 2024-2029

Consumer Health in Germany - Industry Overview

EXECUTIVE SUMMARY

Consumer health in 2024: The big picture 2024 key trends Competitive landscape Retailing developments What next for consumer health?

MARKET INDICATORS

Table 7 - Consumer Expenditure on Health Goods and Medical Services: Value 2019-2024Table 8 - Life Expectancy at Birth 2019-2024

MARKET DATA

Table 9 - Sales of Consumer Health by Category: Value 2019-2024
Table 10 - Sales of Consumer Health by Category: % Value Growth 2019-2024
Table 11 - NBO Company Shares of Consumer Health: % Value 2020-2024
Table 12 - LBN Brand Shares of Consumer Health: % Value 2021-2024
Table 13 - Penetration of Private Label in Consumer Health by Category: % Value 2019-2024
Table 14 - Distribution of Consumer Health by Format: % Value 2019-2024
Table 15 - Distribution of Consumer Health by Format and Category: % Value 2024
Table 16 - Forecast Sales of Consumer Health by Category: % Value 2024-2029
Table 17 - Forecast Sales of Consumer Health by Category: % Value Growth 2024-2029

APPENDIX

OTC registration and classification Vitamins and dietary supplements registration and classification Self-medication/self-care and preventative medicine Switches Summary 1 - OTC: Switches 2023-2024

DISCLAIMER

DEFINITIONS

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- Strategy Briefings: Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- Company Profiles: Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- Country Reports: For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/sleep-aids-in-germany/report.