

Sleep Aids in Brazil

April 2025

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Sleep Aids in Brazil - Category analysis

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2024 DEVELOPMENTS

Third consecutive year of double-digit value growth for sleep aids in Brazil

Polarisation in the search for sleep aids: A growing divide between prescription medications and natural alternatives

The demand for quality sleep spills over into different industries

PROSPECTS AND OPPORTUNITIES

Continued growth for sleep aids, as consumers take control of sleep quality

Melatonin will remain popular, but there are questions over its efficacy

Sleep patches likely to become an increasingly popular alternative to oral products

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DISCLAIMER

DEFINITIONS

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