



Weight Management and Wellbeing in Uruguay

October 2024

Table of Contents

KEY DATA FINDINGS

2024 DEVELOPMENTS

Weight management shows a moderate increase driven by supplement nutrition growth
Meal replacements decrease in volume sales, aligned to the performance of direct sellers'
Natural and organic products are gaining relevance on the landscape

PROSPECTS AND OPPORTUNITIES

Direct sellers apply omnichannel approaches in order to boost sales
Prescription medications pose an increasing threat to weight management products
Social media grows in importance, positively impacting sales on the landscape

CATEGORY DATA

- Table 1 - Sales of Weight Management and Wellbeing by Category: Value 2019-2024
- Table 2 - Sales of Weight Management and Wellbeing by Category: % Value Growth 2019-2024
- Table 3 - NBO Company Shares of Weight Management and Wellbeing: % Value 2020-2024
- Table 4 - LBN Brand Shares of Weight Management and Wellbeing: % Value 2021-2024
- Table 5 - Forecast Sales of Weight Management and Wellbeing by Category: Value 2024-2029
- Table 6 - Forecast Sales of Weight Management and Wellbeing by Category: % Value Growth 2024-2029

Consumer Health in Uruguay - Industry Overview

EXECUTIVE SUMMARY

Consumer health in 2024: The big picture
2024 key trends
Competitive landscape
Retailing developments
What next for consumer health?

MARKET INDICATORS

- Table 7 - Consumer Expenditure on Health Goods and Medical Services: Value 2019-2024
- Table 8 - Life Expectancy at Birth 2019-2024

MARKET DATA

- Table 9 - Sales of Consumer Health by Category: Value 2019-2024
- Table 10 - Sales of Consumer Health by Category: % Value Growth 2019-2024
- Table 11 - NBO Company Shares of Consumer Health: % Value 2020-2024
- Table 12 - LBN Brand Shares of Consumer Health: % Value 2021-2024
- Table 13 - Penetration of Private Label by Category: % Value 2019-2024
- Table 14 - Distribution of Consumer Health by Format: % Value 2019-2024
- Table 15 - Distribution of Consumer Health by Format and Category: % Value 2024
- Table 16 - Forecast Sales of Consumer Health by Category: Value 2024-2029
- Table 17 - Forecast Sales of Consumer Health by Category: % Value Growth 2024-2029

APPENDIX

OTC registration and classification
Vitamins and dietary supplements registration and classification
Self-medication/self-care and preventive medicine
Switches

DISCLAIMER

DEFINITIONS

SOURCES

Summary 1 - Research Sources

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