



Nuts in the United Kingdom

December 2023

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Nuts in the United Kingdom - Category analysis

KEY DATA FINDINGS

2023 DEVELOPMENTS

Nuts remains one of the most resilient categories in fresh food
Health trend is driving up volume sales of pistachio, walnuts, and other nuts

PROSPECTS AND OPPORTUNITIES

Volume sales set to further increase due to versatility and health benefits of nuts
Fresh nuts increasingly relevant as component of home cooking and a preferred snack for on the go

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