



**Euromonitor  
International**

# Weight Management and Wellbeing in the Netherlands

September 2024

## KEY DATA FINDINGS

### 2024 DEVELOPMENTS

Positive growth continues, despite increasing emphasis on healthier diets  
Price increases have positive impact on value growth  
More natural and healthy positioning helps to improve awareness of meal replacement products

### PROSPECTS AND OPPORTUNITIES

Dutch obesity rates continue to rise  
Addressing negative perceptions and capitalising on convenience  
E-commerce will remain vital as Dutch place high emphasis on price

### CATEGORY DATA

Table 1 - Sales of Weight Management and Wellbeing by Category: Value 2019-2024  
Table 2 - Sales of Weight Management and Wellbeing by Category: % Value Growth 2019-2024  
Table 3 - NBO Company Shares of Weight Management and Wellbeing: % Value 2020-2024  
Table 4 - LBN Brand Shares of Weight Management and Wellbeing: % Value 2021-2024  
Table 5 - Forecast Sales of Weight Management and Wellbeing by Category: Value 2024-2029  
Table 6 - Forecast Sales of Weight Management and Wellbeing by Category: % Value Growth 2024-2029

## Consumer Health in the Netherlands - Industry Overview

### EXECUTIVE SUMMARY

Consumer health in 2024: The big picture  
2024 key trends  
Competitive landscape  
Retailing developments  
What's next for consumer health?

### MARKET INDICATORS

Table 7 - Consumer Expenditure on Health Goods and Medical Services: Value 2019-2024  
Table 8 - Life Expectancy at Birth 2019-2024

### MARKET DATA

Table 9 - Sales of Consumer Health by Category: Value 2019-2024  
Table 10 - Sales of Consumer Health by Category: % Value Growth 2019-2024  
Table 11 - NBO Company Shares of Consumer Health: % Value 2020-2024  
Table 12 - LBN Brand Shares of Consumer Health: % Value 2021-2024  
Table 13 - Penetration of Private Label in Consumer Health by Category: % Value 2019-2024  
Table 14 - Distribution of Consumer Health by Format: % Value 2019-2024  
Table 15 - Distribution of Consumer Health by Format and Category: % Value 2024  
Table 16 - Forecast Sales of Consumer Health by Category: Value 2024-2029  
Table 17 - Forecast Sales of Consumer Health by Category: % Value Growth 2024-2029

### APPENDIX

OTC registration and classification  
Vitamins and dietary supplements registration and classification  
Self-medication/self-care and preventative medicine  
Switches

### DISCLAIMER

### DEFINITIONS

## SOURCES

### Summary 1 - Research Sources

#### About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- **Strategy Briefings:** Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- **Company Profiles:** Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- **Country Reports:** For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link [www.euromonitor.com/weight-management-and-wellbeing-in-the-netherlands/report](https://www.euromonitor.com/weight-management-and-wellbeing-in-the-netherlands/report).