

Digestive Remedies in Brazil

Euromonitor International March 2024

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DIGESTIVE REMEDIES IN BRAZIL -CATEGORY ANALYSIS

KEY DATA FINDINGS

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2023 DEVELOPMENTS

Outbreak of diarrhoea cases helps drive growth for digestive remedies in 2023

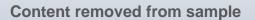
Demand for indulgent foods underpins the growth of antacids

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Anvisa approves changes to medicines labelling

PROSPECTS AND OPPORTUNITIES

Digestive remedies to maintain a crucial role in brazil's consumer health industry



Long-term effects of the covid-19 pandemic likely to positively impact forecast growth

Gastrointestinal reactions to the use of ozempic may impact growth

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CATEGORY DATA

 Table 1
 Sales of Digestive Remedies by Category: Value 2018-2023

BRL million

	2018	2019	2020	2021	2022	2023
Digestive Remedies - Paediatric Digestive Remedies Paediatric Diarrhoeal Remedies Paediatric Indigestion and Heartburn Remedies Paediatric Laxatives Paediatric Motion Sickness Remedies - Diarrhoeal Remedies - Indigestion and Heartburn Remedies Antacids Antacids Antafilatulents Digestive Enzymes H2 Blockers Proton Pump Inhibitors - Laxatives - Motion Sickness Remedies		Da	ta removed f	rom sample		

Source:Euromonitor International from official statistics, trade associations, trade press, company research,
store checks, trade interviews, trade sourcesNote:2023 data is provisional and based on part-year estimates

Table 2 Sales of Digestive Remedies by Category: % Value Growth 2018-2023

% current value growth	2022/23	2018-23 CAGR	2018/23 Total
 Digestive Remedies Paediatric Digestive Remedies Paediatric Diarrhoeal Remedies Paediatric Indigestion and Heartburn Remedies Paediatric Laxatives Paediatric Motion Sickness Remedies Diarrhoeal Remedies IBS Treatments Indigestion and Heartburn Remedies Antacids Antacids Digestive Enzymes H2 Blockers Proton Pump Inhibitors Laxatives Motion Sickness Remedies 		Data removed from	sample
Source: Euromonitor International from official statistics, trade associa	tions, trade pre	ess, company research,	

store checks, trade interviews, trade sourcesNote:2023 data is provisional and based on part-year estimates

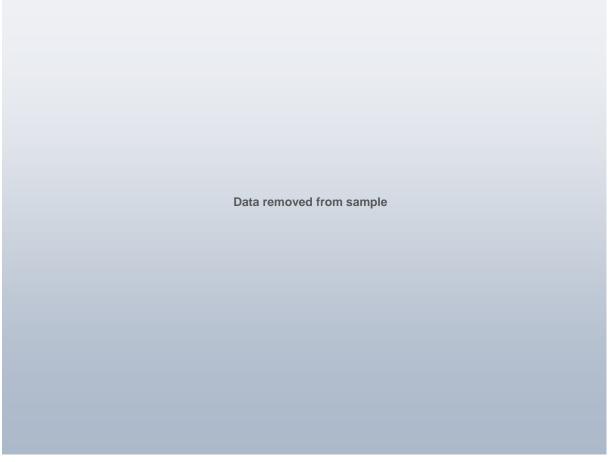
Table 3 NBO Company Shares of Digestive Remedies: % Value 2019-2023

% retail value rsp Company	2019	2020	2021	2022	2023
Data	a removed from	n sample			

Source: Euromonitor International from official statistics, trade associations, trade press, company research, store checks, trade interviews, trade sources

Table 4 LBN Brand Shares of Digestive Remedies: % Value 2020-2023

% retail value rsp Brand (GBO)	Company (NBO)	2020	2021	2022	2023
	Data remove	d from sample			



Source: Euromonitor International from official statistics, trade associations, trade press, company research, store checks, trade interviews, trade sources

Table 5 Forecast Sales of Digestive Remedies by Category: Value 2023-2028

BRL million	2023	2024	2025	2026	2027	2028
Digestive Remedies - Paediatric Digestive Remedies Paediatric Diarrhoeal Remedies Paediatric Indigestion and Heartburn Remedies Paediatric Laxatives Paediatric Motion Sickness Remedies - Diarrhoeal Remedies - IBS Treatments - Indigestion and Heartburn Remedies Antacids		Da	ta removed f	rom sample		

H2 Bl Protor - Laxativ	itive Enzymes ockers n Pump Inhibitors ves n Sickness	Data removed from sample
Source:	Euromonitor International from tra	de associations, trade press, company research, trade interviews,

Note: 2023 data is provisional and based on part-year estimates

Table 6 Forecast Sales of Digestive Remedies by Category: % Value Growth 2023-2028

% constant value growth	2023/2024	2023-28 CAGR	2023/28 Total
Digestive Remedies - Paediatric Digestive Remedies Paediatric Diarrhoeal Remedies Paediatric Indigestion and Heartburn Remedies Paediatric Laxatives Paediatric Motion Sickness Remedies - Diarrhoeal Remedies - Diarrhoeal Remedies - Indigestion and Heartburn Remedies Antacids Antacids Antacids Digestive Enzymes H2 Blockers Proton Pump Inhibitors - Laxatives - Motion Sickness Remedies	D	Data removed from sa	ample
Source: Euromonitor International from trade associations, trade pre trade sources	ess, company rese	earch, trade interviews,	

Note: 2023 data is provisional and based on part-year estimates

CONSUMER HEALTH IN BRAZIL -INDUSTRY OVERVIEW

EXECUTIVE SUMMARY

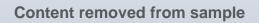
Consumer health in 2023: The big picture

2023 key trends

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Competitive landscape

Retailing developments



MARKET INDICATORS

Table 7 2023	Consumer Expend	iture on Health	ure on Health Goods and Medical Services: Value 2018-							
BRL million		2018	2019	2020	2021	2022	2023			
Pharmaceutica	lls,	Data removed from sample								

medical appliances/ equipment Outpatient services Hospital services Total	Data removed from sample
Source: Euromonitor International from	official statistics, trade associations, trade interviews

Table 8 Life Expectancy at Birth 2018-2023

years	2018	2019	2020	2021	2022	2023
Males Females		Da	ta removed f	rom sample		
Source: Euromonitor International from official statistics						

MARKET DATA

Table 9	Sales of Consumer	Health by Cate	egory: Value 2	018-2023			
BRL million		2018	2019	2020	2021	2022	2023
Consumer He OTC Sports Nutritic Vitamins and Supplemen Weight Manag Wellbeing Herbal/Traditi Products Allergy Care Paediatric Co Health	on Dietary Its gement and onal		Data	a removed fr	om sample		
store Note 1: Cons	nonitor International from c checks, trade interviews, t umer health total is the sur gement and wellbeing	rade sources		, , ,	. ,	,	

Note 1: Consumer health totals the sum of OTC, sports nutrition, vitamins and detary supplements and weight management and weighting
 Note 2: Sum of categories is greater than the market size because allergy care is a duplicate of categories found in cough, cold and allergy remedies, dermatologicals and eye care; paediatric consumer health is an aggregate of paediatric categories in OTC and vitamins and dietary supplements; and herbal/traditional products is an aggregate of herbal/traditional categories in OTC and vitamins and dietary supplements.
 Note 3: 2023 data is provisional and based on part-year estimates

Table 10 Sales of Consumer Health by Category: % Value Growth 2018-2023

% current value growth 2022/23 2018-23 CAGR 2018/23 Total Consumer Health OTC Sports Nutrition Vitamins and Dietary Supplements Data removed from sample

Weight Managem Herbal/Traditional Allergy Care Paediatric Consul		Data removed from sample	
	or International from official statistics, trade association ks. trade interviews, trade sources	s, trade press, company research,	
Note 1: Consumer	health total is the sum of OTC, sports nutrition, vitamin	s and dietary supplements and weight	
Note 2: Sum of ca in cough, o aggregate products is	in cough, cold and allergy remedies, dermatologicals and eye care; paediatric consumer health is an aggregate of paediatric categories in OTC and vitamins and dietary supplements; and herbal/traditional products is an aggregate of herbal/traditional categories in OTC and vitamins and dietary supplements		

Table 11 NBO Company Shares of Consumer Health: % Value 2019-2023

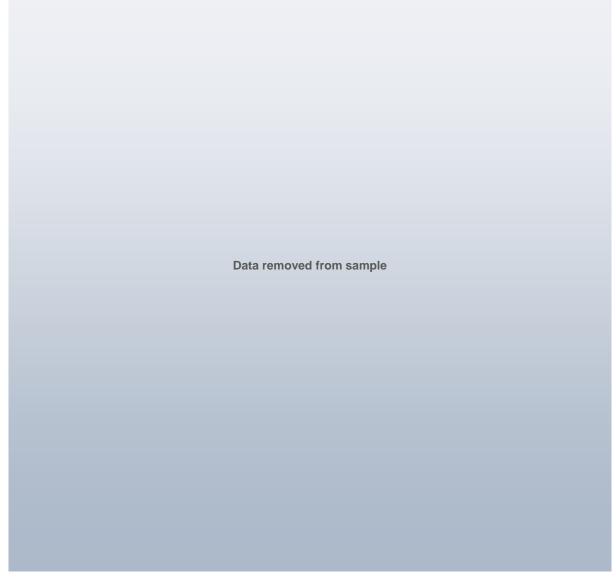
% retail value rsp Company	2019	2020	2021	2022	2023
Data	romoved from	aamala			
Data	removed from	sample			



Source: Euromonitor International from official statistics, trade associations, trade press, company research, store checks, trade interviews, trade sources

Table 12 LBN Brand Shares of Consumer Health: % Value 2020-2023

% retail value rsp Brand (GBO)	Company (NBO)	2020	2021	2022	2023
	Data removed fro	om sample			



Source: Euromonitor International from official statistics, trade associations, trade press, company research, store checks, trade interviews, trade sources

Table 13Penetration of Private Label in Consumer Health by Category: % Value 2018-2023

% retail	value rsp	2018	2019	2020	2021	2022	2023
Vitamin	ner Health s and Dietary lements	_	Da	ata removed	from sample	_	
Source:	Euromonitor International from offic store checks, trade interviews, trad	,	de associations	, trade press, co	mpany research	3	

% retail value rsp	2018	2019	2020	2021	2022	2023
Retail Channels - Retail Offline Grocery Retailers Convenience Retail Convenience Stores Forecourt Retailers Supermarkets Discounters Warehouse Clubs Food/drink/tobacco specialists Small Local Grocers Non-Grocery Retailers Department Stores Department Stores Department Stores Variety Stores Apparel and Footwear Specialists Apparel and Electronics Specialists Home Products Specialists Health and Beauty Specialists Pharmacies Optical Goods Stores Health and Personal Care Stores Leisure and Personal Goods Specialists Other Non-Grocery Retailers Vending Direct Selling - Retail E-Commerce Total		Data	a removed fr	om sample		

Table 14 Distribution of Consumer Health by Format: % Value 2018-2023

Source: Euromonitor International from official statistics, trade associations, trade press, company research, store checks, trade interviews, trade sources

Table 15 Distribution of Consumer Health by Format and Category: % Value 2023

% retail value rsp OTC Sports Vitamins Weight Herbal/ Allergy Nutrition and Management Traditiona Care Dietary I Products and Supplements Wellbeing

Retail Channels	
- Retail Offline	
Grocery Retailers	
Convenience Retail	
Convenience Stores	
Forecourt Retailers	
Supermarkets	
Hypermarkets	
Discounters	
Warehouse Clubs	
Food/drink/tobacco	
specialists	
Small Local Grocers	
Non-Grocery Retailers	
General Merchandise	
Stores	
Department Stores	
Variety Stores	
Apparel and	Data removed from comple
Footwear Specialists	Data removed from sample
Appliances and	
Electronics Specialists	
Home Products	
Specialists	
Health and Beauty	
Specialists	
Beauty Specialists	
Pharmacies	
Optical Goods Stores	
Health and	
Personal Care Stores	
Leisure and	
Personal Goods	
Specialists	
Other Non-Grocery	
Retailers	
Vendina	

- -- Vending
- -- Direct Selling
- Retail E-Commerce
- Total

Retail Channels - Retail Offline -- Grocery Retailers --- Convenience Retail ---- Convenience Stores ---- Forecourt Retailers ---- Supermarkets ---- Hypermarkets ---- Discounters ---- Warehouse Clubs ---- Food/drink/tobacco

- specialists
- --- Small Local Grocers -- Non-Grocery Retailers
- --- General Merchandise Stores

Paediatric Consumer Health

Data removed from sample

 Department Stores Variety Stores Apparel and Footwear Specialists Appliances and Electronics Specialists Home Products Specialists Health and Beauty Specialists Beauty Specialists Pharmacies Optical Goods Stores Health and Personal Care Stores Health and Personal Goods Specialists Health and Personal Goods Specialists Cother Non-Grocery Retailers Vending - Direct Selling - Retail E-Commerce Total 	Data removed from sample
Source: Euromonitor International from o	fficial statistics, trade associations, trade pres

Source:

Euromonitor International from official statistics, trade associations, trade press, company research, store checks, trade interviews, trade sources OTC = over the counter; SN = sports nutrition; VDS = vitamins and dietary supplements; WMW = weight management and wellbeing; HTP = herbal/traditional products; AC = Allergy Care; PCH = paediatric consumer health Key:

Table 16 Forecast Sales of Consumer Health by Category: Value 2023-2028

BRL mi	llion	2023	2024	2025	2026	2027	2028
OTC Sports Vitamin Supp Weight Weill Herbal/ Prod Allergy	Care tric Consumer		Da	ita removed fi	rom sample		
Source: Note 1:	Euromonitor International from tr trade sources Consumer health total is the sum		, , ,	1 9		,	
Note 2:	management and wellbeing Sum of categories is greater that in cough, cold and allergy remed aggregate of paediatric categorie products is an aggregate of herb	ies, dermatologi es in OTC and vi al/traditional cate	cals and eye ca tamins and dieta egories in OTC a	re; paediatric con ary supplements;	sumer health is and herbal/tradi	an tional	

Note 3: 2023 data is provisional and based on part-year estimates

Table 17 Forecast Sales of Consumer Health by Category: % Value Growth 2023-2028

% cons	tant value growth	2023/2024	2023-28 CAGR	2023/28 Total
OTC Sports I Vitamin Weight Herbal/ Allergy	ner Health Nutrition s and Dietary Supplements Management and Wellbeing Traditional Products Care tric Consumer Health	Da	ata removed from sa	ample
Source:	Euromonitor International from trade associations, trade pre trade sources	ess, company rese	earch, trade interviews,	
Note 1:	Consumer health total is the sum of OTC, sports nutrition, v management and wellbeing	itamins and dieta	ry supplements and weigl	nt
Note 2:	Sum of categories is greater than the market size because a in cough, cold and allergy remedies, dermatologicals and evaggregate of paediatric categories in OTC and vitamins and products is an aggregate of herbal/traditional categories in (2023 data is provisional and based on part-war estimates	ye care; paediatrio I dietary suppleme	c consumer health is an ents; and herbal/traditiona	al

Note 3: 2023 data is provisional and based on part-year estimates

APPENDIX

Otc registration and classification

Vitamins and dietary supplements registration and classification

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Self-medication/self-care and preventive medicine

Switches

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DISCLAIMER

Forecast and scenario closing date: 4 September 2023 Report closing date: 18 March 2024

Analysis and data in this report give full consideration to consumer behaviour and market performance in 2023 and beyond as of the dates above. For the very latest insight on this industry and consumer behaviour, at both global and national level, readers can access strategic analysis and updates on www.euromonitor.com and via the Passport system, where new content is being added on a systematic basis.

DEFINITIONS

The total market size given for consumer health is the sum of OTC, sports nutrition, vitamins and dietary supplements and weight management and wellbeing.

The sum of these categories is greater than actual market size because allergy care is a duplicate of categories found in cough, cold and allergy (hay fever) remedies, dermatologicals and eye care; paediatric consumer health is an aggregate of paediatric categories in OTC and

vitamins and dietary supplements; and herbal/traditional products is an aggregate of herbal/traditional categories in OTC and vitamins and dietary supplements.

2023 data are provisional and based on part-year estimates.

SOURCES

Sources used during the research included the following:

Summary 1 Research Sources	
Official Sources	
Trade Associations	
	Content removed from sample
Trade Press	

Content removed from sample

Source: Euromonitor International